Would you like to be in a study about mobile technology?

Researchers at the University of Kentucky’s Nutrition Education Program are doing a study to learn about the use of mobile technology and eating habits among SNAP recipients who are willing to share their experiences.

If you can answer “yes” to the following questions, you may be eligible to join our research study:

• Do you speak English?
• Are you currently receiving SNAP benefits?
• Do you use a mobile phone, tablet or laptop computer to access the internet?
• Are you the primary person who buys food and cooks in your household?

You will receive a $25 gift card for attending a full 90-minute session at your Cooperative Extension Office or another convenient location.

If interested, please contact Michele West toll-free at (844) 370-2296.
If you are eligible to participate, you will be asked to download and use the free Fresh EBT mobile app and visit Kentucky Nutrition Education Program’s Facebook and blog sites and share your experiences with us.

1. Download Fresh EBT

At home or at the checkout line, the Fresh EBT app makes it easy to check your benefits balance on your phone.

- Always know your EBT balance
- Find stores that accept EBT
- Keep track of spending
- Save money with coupons

2. Visit KYNEP on social media

KYNEP
Kentucky Nutrition Education Program

Facebook.com/KYNEP
UKNutritionEducationProgram.wordpress.com