



Meet a Farmer

Get to know the farmers that grow your food. Ask them:

How long have you been farming?

Where is your farm?

What is the best part about farming?

What is the hardest thing about farming?

Adapted from: California Department of Public Health's Network for a Healthy California, 2011.



This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP and under an agreement with the State of Tennessee.

The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact your local Department of Human Services Office or call 1-866-311-4287 (toll-free). This project is funded under an agreement with the State of Tennessee. In cooperation with Tennessee State University



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