

Kentucky Strawberries

RIPE AND TASTY: MAY - JUNE



Cooperative Extension Service



This material was funded by USDA's Supplemental Nutrition Assistance Program — SNAP. This institution is an equal opportunity provider. **LOOK FOR:** Plump, bright red berries with a natural shine and fresh, bright green caps.

AT HOME: Cover unwashed berries and store in the refrigerator with the caps on. Use within 2 to 3 days.

TO USE: Wash berries under running water and remove caps. Slice, if desired.

READY TO EAT: Enjoy fresh berries alone or add to salads and smoothies. Use in pies or baked goods.





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