



# Kentucky Blueberries

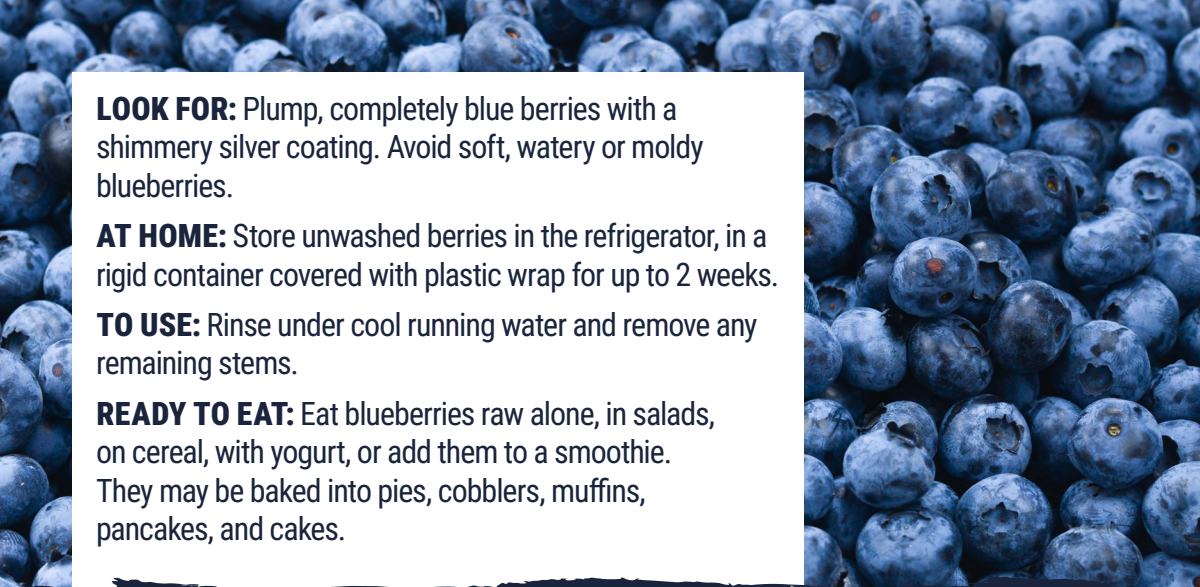
**RIPE AND TASTY:  
JUNE - JULY**



*Cooperative Extension Service*



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**LOOK FOR:** Plump, completely blue berries with a shimmery silver coating. Avoid soft, watery or moldy blueberries.

**AT HOME:** Store unwashed berries in the refrigerator, in a rigid container covered with plastic wrap for up to 2 weeks.

**TO USE:** Rinse under cool running water and remove any remaining stems.

**READY TO EAT:** Eat blueberries raw alone, in salads, on cereal, with yogurt, or add them to a smoothie. They may be baked into pies, cobblers, muffins, pancakes, and cakes.



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