



# Kentucky

# Asparagus

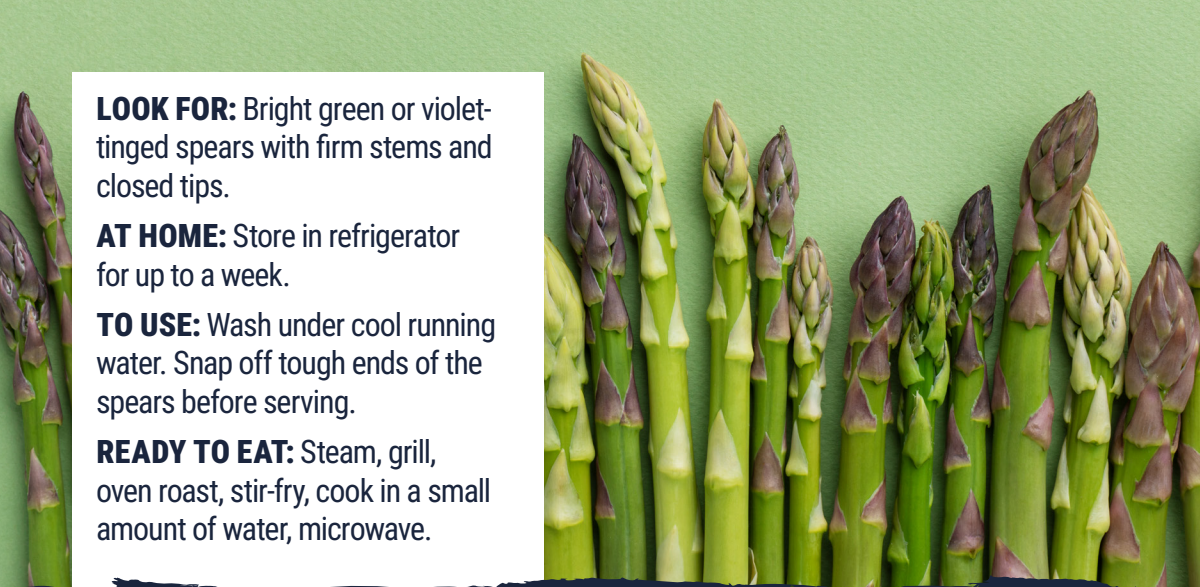
**RIPE AND TASTY:  
APRIL - JUNE**



*Cooperative Extension Service*



This material was funded by USDA's Supplemental Nutrition Assistance Program — SNAP. This institution is an equal opportunity provider.

A photograph of several fresh asparagus spears with green stalks and purple-tinged tips, arranged vertically against a light green background.

**LOOK FOR:** Bright green or violet-tinged spears with firm stems and closed tips.

**AT HOME:** Store in refrigerator for up to a week.

**TO USE:** Wash under cool running water. Snap off tough ends of the spears before serving.

**READY TO EAT:** Steam, grill, oven roast, stir-fry, cook in a small amount of water, microwave.



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